

June of 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 BHMH Lab –(PC) 9:00 Bone Builders Class (ER) 9:30 Blue Hill Van 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 2:00 ~ Reiki ~ Free Demonstration! and Questions and Answers with Antionette Caruso (Exercise Room)	2 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Baptist Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh (Living Room)	3 9:00 Bone Builders Class (Activity Room) 9:00 Ellsworth Van 9:30 Parker Ridge Com. Meeting (Exercise Room) 10:30 Tea and Coffee in Parker Court 11:00 Walks with Wendy (PC) 11:30 Local Historical House Tour and Lunch at Marintini's (Please Sign Up!)	4 10:00 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo 5:00 Social Hour BYO (Library)	5 3:30 "Songs and Duets" with Marcia Sly and Karen Pendleton Accompanied by Laura Artesani (Living Room)
6 12:00 NOON BRUNCH Al Clayton Piano 4:15 "Nature Studies" (Parker Court)	7 10:00 Exercise with Connie 10:00 — 11:00 Manicures or Hand Massages with Alma Please Sign Up at the reception desk! (The Game Room) 1:30 Bingo 4:00 Village to Village Live International Music Program Ellie May Shufro and Juan Condori (Exercise Room)	8 BHMH Lab –(PC) 9:00 Bone Builders Class (ER) 9:30 Blue Hill Van 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 2:30 Ice Cream Social April McFarland ~ Piano ~ (Living Room)	9 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Congregational Worship Service (Library) 4:00 Reading Circle Reader—TBA (Living Room)	10 9:00 Bone Builders Class 9:00 Ellsworth Van EVACUATION DRILL TODAY! 10:30 Tea and Coffee in the Living Room 11:00 Walks with Wendy 11:30 Romeo's and Juliet's Luncheon Four Seasons in Stonington Please Sign Up!	11 10:00 Exercise with Connie 11:00 News Currents (AR) 12:30—1:30 (Den) Nichols Eye Care 1:00 Bingo 4:00 Friday After- noon Big Band Music with Wendy (Living Room) 5:00 Social Hour BYO (Library)	12 3:30 Saturday Movie "The Lady Eve" (Parker Court)
13 12:00 NOON BRUNCH Al Clayton Piano 4:15 "Nature Studies" (Parker Court)	14 10:00 Exercise with Connie 11:00 Duffy's Restaurant for Lunch and a visit to the Chicken Barn- Books and Antiques (Please Sign Up if you are interested!) 1:00 Bingo 4:00 "History of China" (Game Room)	15 BHMH Lab –(PC) 9:00 Bone Builders Class 9:30 Blue Hill Van 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 2:00 "Writers Who Changed the World" Harriet Beecher Stowe (PDR)	16 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs. 1:00 Bingo 1:00—3:00 Foot Clinic with Patsy Murray, R.N. 3:00 Richard Clark presents... "Life, Language, and The Pursuit of Happiness" Ernest Hemingway Alive!" (Exercise Room)	17 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 9:30 Parker Ridge Cottage Meeting(PDR) 10:30 Tea and Coffee in the Living Room 11:30 PR Workout in ER 11:00 Walks with Wendy (PC) 10:45 Penobscot Marine Museum in Searsport and Lunch (Please Sign Up!)	18 10:00 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo 5:00 Social Hour BYO (Library)	19 3:30 Saturday Movie "You Can't Take It With You" (Parker Court)
20 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	21 10:00 Exercise with Connie 1:00 Bingo 4:00 "Exploring Our World, Past and Present" (Game Room)	22 BHMH Lab –(PC) 9:00 Bone Builders Class (Exercise Room) 9:30 Blue Hill Van 10:30 Parker Ridge Kids Visit Graduation Program (Living Room) 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 3:30 Art Project with Paula Dougherty "Decorating Garden Sticks" (PC)	23 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 1:00—4:00 Acadia Hearing Center Services (Den) PLEASE SIGN UP! 2:00 Parkinson's Support Group (Library) 4:00 Reading Circle Reader—TBA (Living Room)	24 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 10:00 Activity Committee Meeting in the PDR 10:30 Tea and Coffee in the Living Room "Celebrating June Birthdays" 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 3:30 "Getting to Know You" with Liz Knowlton (PDR)	25 10:00 Exercise with Connie Dr. Scovin Podiatry Services Please call for an appointment. #667-3033 11:00 News Currents (AR) 12:30—1:30 (Den) Nichols Eye Care 1:00 Bingo 2:15 Parker Ridge Book Club Discussion (Library) 5:00 Happy Hour Rudy Deetjen (Living Room)	26 3:30 Saturday Movie "Bringing Up Baby" (Parker Court)
27 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	28 10:00 Exercise with Connie 10:00 — 12:00 Manicures or Hand Massages with Alma Please Sign Up (The Game Room) 1:00 Bingo 2:15 Trivia Time (Parker Court) 4:00 "Exploring Our World, Past and Present" (Game Room)	29 BHMH Lab –(PC) 9:00 Bone Builders Class (E.R.) 9:30 Blue Hill Van 11:00 Walks with Wendy (Parker Court) 11:30 PR Workout in ER 2:15 Fun Conversation Starters with Alma in Parker Court	30 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Episcopal Worship Service (Library) 4:00 Masanobu Ikemiya Rag Time and Classical Piano (Living Room)	Book of the Month The Book of the month of June is ... "In The Company of Cheerful Ladies" by Alexander McCall Smith. Please see Alma to get a copy of the book. Books on CD and cassette tape are also available.		Please note: Activities are subject to change... Thank you for your consid- eration