

May of 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Peninsula Metamorphic Arts and Learning Center on the Mines Road in Blue Hill is offering a program on "Turning Your Memories into Memoir". It will be held on Mondays, May 3rd—the 24th from 10:00—11:30.		Book of the Month	"The Secret Life of Bees" See Alma as copies are available for you to read. A group discussion is planned for the end of the month.	1 3:30 Saturday Movie "Second Chances" (Parker Court)
2 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	3 9:00/10:15 Exercise with Connie 10:00 — 12:00 <i>Manicures or Hand Massages with Alma</i> Please Sign Up at the reception desk! (The Game Room) 1:00 Bingo 4:00 "History of China" (Game Room)	4 BHMH Lab –(PC) 9:00 Bone Builders Class (ER) 9:30 Blue Hill Van 11:00 A Short Walk Before Lunch with Wendy (Parker Court Entrance) 11:30 PR Workout in ER 1:30 Open Swim at the YMCA in Ellsworth (Please Sign Up!)	5 9:00/10:15 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Baptist Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh (Living Room)	6 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 9:30 Parker Ridge Com. Meeting (PDR) 10:30 Tea and Coffee in the Living Room 11:00 Walks with Wendy (PC) 11:00 Local Historical House Tour and Lunch at Marintini's (Please Sign Up!)	7 9:00/10:15 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo 2:00 Ice Cream Social April McFarland Piano (Living Room) 5:00 Social Hour (Library)	8 3:30 Saturday Movie "Because of Winn Dixie" (Parker Court)
9  Al Clayton ~ ~ Piano 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	10 9:00/10:15 Exercise with Connie 1:30 "Spring Fling Fashion Thing" Fashion Show for Men and Women (Living Room) 4:00 "History of China" (Game Room)	11 BHMH Lab –(PC) 9:00 Bone Builders Class 9:30 Blue Hill Van 11:00 Asticou Azalea Gardens in Northeast Harbor and Out to Lunch at "The Colonel's" Please Sign Up!	12 9:00/10:15 Exercise with Connie 9:15-12:15 Portrait Ptrs. 1:00 Bingo 3:00 Congregational Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh (Living Room)	13 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 10:30 Tea and Coffee in the Living Room 11:30 PR Workout in ER 11:00 Walks with Wendy (PC) 2:00 Series — "Writers Who Changed the World" Anne Frank (Private Dining Room)	14 9:00/10:15 Exercise with Connie 11:00 News Currents (AR) 12:30—1:30 (Den) Nichols Eye Care 1:00 Bingo 4:15 "A Little off the Top" Barber Shop Quartet (Living Room) 5:00 Social Hour (Library)	15 3:30 Saturday Movie "Fly Away Home" (Parker Court)
16 12:00 NOON BRUNCH 2:00 Sunday Spring Afternoon Ride with a stop at the Fish Net for Ice Cream Please sign up if you are interested! 4:15 "Nature Studies" (Parker Court)	17 9:00/10:15 Exercise with Connie 10:00 — 12:00 <i>Manicures or Hand Massages with Alma</i> Please Sign Up at the reception desk! (The Game Room) 1:00 Bingo 2:15 Trivia Time (Parker Court) 4:00 "History of China" (Game Room)	18 BHMH Lab –(PC) 9:00 Bone Builders Class (Exercise Room) 9:30 Blue Hill Van 10:30 Parker Ridge Kids Visit (Living Room) 11:00 A Short Walk Before Lunch with Wendy (Parker Court Entrance) 11:30 PR Workout in ER 3:30 Art Project with Paula Dougherty "Designer T-Shirts" (Parker Court)	19 9:00/10:15 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo Acadia Hearing Center Services (Den) PLEASE SIGN UP! 2:00 Parkinson's Support Group (Library) 1:00—3:00 Foot Clinic with Patsy Murray, R.N. 4:00 Reading Circle Reader—TBA (Living Room)	20 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 9:30 Parker Ridge Cottage Meeting(PDR) 10:30 Tea and Coffee in the Living Room "Remembering Those who Lost their Lives Serving our Country" 11:00 Walks with Wendy (PC) 11:00 Hulls Cove Visitor Center ~ Carriage Road Walk ~ (Bring a bag lunch) Please Sign Up!	21 9:00/10:15 Exercise with Connie 11:00 News Currents (AR) 2:15 Music of the War Years with Wendy (Living Room) 5:00 Farewell to Mary Spooner Happy Hour (Living Room)	22 3:30 Saturday Movie "Sylvester" (Parker Court)
23 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	24 9:00/10:15 Exercise with Connie 1:00 Bingo 4:00 "History of China" (Game Room)	25 BHMH Lab –(PC) 9:00 Bone Builders Class (E.R.) 9:30 Blue Hill Van 11:00 A Short Walk Before Lunch with Wendy (Parker Court Entrance) 11:30 PR Workout in ER 2:00 Support Group for Care Givers (Lib.) 1:30 Open Swim at the YMCA in Ellsworth Please Sign Up!	26 9:00/10:15 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Episcopal Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh (Living Room)	27 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 10:00 Activity Committee Meeting in the PDR 10:30—Tea and Coffee Celebrating May Birthdays (LR) 11:00 Walks with Wendy (PC) 11:30 PR Workout in ER 3:30 "Getting to Know You" with Liz Knowlton (PDR)	28 9:00/10:15 Exercise with Connie 11:00 News Currents (AR) 12:30—1:30 (Den) Nichols Eye Care 1:00 Bingo 2:15 Parker Ridge Book Club Discussion (Private Dining Rm.) Dr. Scovin Podiatry Services Please call for an appointment. #667-3033 5:00 Social Hour (Library)	29 3:30 Saturday Movie "The Secret Life of Bees" (Parker Court)
30 12:00 NOON BRUNCH 4:15 "Nature Studies" (Parker Court)	31 Memorial Day 1:00 Bingo 4:00 "History of China" (Game Room)					