

March of 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>“Visits with Barney” has been postponed for the time being. Please watch the weekly calendar for his return.</p>	<p>1 9:00/10:15 Exercise with Connie</p> <p><i>10:00 — 12:00 Manicures or Hand Massages with Alma Please Sign Up at the reception desk! (Parker Court)</i></p> <p>1:00 Bingo</p> <p>4:00 “History of China”</p>	<p>2 BHMH Lab –(PC)</p> <p><i>9:00 Bone Builders Class (ER)</i></p> <p>9:30 Blue Hill Van 11:30 PR Workout in ER</p> <p>1:00—3:00 Aging in the 21st Century</p> <p>“Retirement Planning Forum” (Main Dining Room)</p> <p>7:15 p.m. The Brooklin Band</p>	<p>3 9:00/10:15 Exercise with Connie</p> <p><i>9:15-12:15 Portrait Ptrs</i></p> <p>1:00 Bingo</p> <p><i>3:00 Baptist Worship Service (Library)</i></p> <p>4:00 Reading Circle Reader — Gayle Durnbaugh (Living Room)</p>	<p>4 <i>9:00</i></p> <p><i>Bone Builders Class (Exercise Room)</i></p> <p>9:00 Ellsworth Van 9:30 Parker Ridge Com. Meeting (PDR)</p> <p><i>10:30 ~ Tea and Coffee ~ Reception for Displays of Resident Artwork Marjory Chesney and Tim Thomas</i></p>	<p>5 9:00/10:15 Exercise with Connie</p> <p>1:00 Bingo</p> <p>2:00 New; Currents (Activity Room)</p> <p>5:00 Social Hour (Library)</p>	<p>6</p> <p>3:30 Saturday Movie “The Snow Walker” (Parker Court)</p>
<p>7</p> <p>12:00 NOON BRUNCH Al Clayton Piano</p> <p><i>4:15 “Nature Studies” (Parker Court)</i></p>	<p>8 9:00/10:15 Exercise with Connie</p> <p>1:00 Bingo</p> <p>2:00 Ice Cream Social Tom Woehr—Piano (Living Room)</p> <p>4:00 “History of China” (Parker Court)</p>	<p>9 BHMH Lab –(PC)</p> <p><i>9:00 Bone Builders Class (ER)</i></p> <p>9:30 Blue Hill Van 11:30 PR Workout in ER</p> <p>1:00 “Firebird” Ballet in Cinema at The Grand in Ellsworth Please sign up if you are interested!</p>	<p>10 9:00/10:15 Exercise with Connie</p> <p><i>9:15-12:15 Portrait Ptrs</i></p> <p>1:00 Bingo</p> <p><i>3:00 Congregational Worship Service (Library)</i></p> <p>4:00 Reading Circle Reader — Gayle Durnbaugh (Living Room)</p>	<p>11 <i>9:00</i></p> <p><i>Bone Builders Class (Exercise Room)</i></p> <p>9:00 Ellsworth Van</p> <p>10:30 Tea and Coffee in the Living Room 11:30 PR Workout in ER</p> <p>1:00 Making Cookies for “The Parker Ridge Kids” (Activity Room)</p>	<p>12 9:00/10:15 Exercise with Connie</p> <p><i>11:00 News Currents (AR)</i></p> <p>1:00 Bingo</p> <p><i>12:30—1:30 (Den) Nichols Eye Care</i></p> <p>5:00 Social Hour (Library)</p>	<p>13</p> <p>3:30 Saturday Movie “Dreamer” (Parker Court)</p>
<p>14</p> <p>12:00 NOON BRUNCH Al Clayton Piano</p> <p><i>4:15 “Nature Studies” (Parker Court)</i></p>	<p>15 9:00/10:15 Exercise with Connie</p> <p><i>10:00 — 12:00 Manicures or Hand Massages with Alma Please Sign Up at the reception desk! (Parker Court)</i></p> <p>1:00 Bingo</p> <p>4:00 “History of China” (Parker Court)</p>	<p>16 BHMH Lab –(PC)</p> <p><i>9:00 Bone Builders Class</i></p> <p>9:30 Blue Hill Van</p> <p>10:30 Parker Ridge Kids New Beginning Preschool (Living Room)</p> <p>11:30 PR Workout in ER</p>	<p>17 9:00/10:15 </p> <p>Exercise with Connie</p> <p><i>9:15-12:15 Portrait Ptrs</i></p> <p>1:00 Bingo</p> <p>1:00—4:00 Acadia Hearing Center Services (Den)</p> <p><i>2:00 Parkinson’s Support Group (Library) 1:00—3:00 Foot Clinic with Patsy Murray, R.N.</i></p> <p>4:00—Reading Circle Gayle Durnbaugh (Living Room)</p>	<p>18 <i>9:00</i></p> <p><i>Bone Builders Class (Exercise Room)</i></p> <p>9:00 Ellsworth Van</p> <p>9:30 Parker Ridge Cottage Meeting(PDR)</p> <p>10:30 Tea and Coffee in the Living Room 11:30 PR Workout in ER</p>	<p>19 9:00/10:15 Exercise with Connie</p> <p><i>11:00 News Currents (AR)</i></p> <p>1:00 Bingo</p> <p>5:00 St. Patrick’s Day and Spring Time Happy Hour (Living Room)</p>	<p>20</p> <p>First Day of Spring </p> <p>3:30 Saturday Movie “The Kidnappers” with Ralph Pettie (Parker Court)</p>
<p>21</p> <p>12:00 NOON BRUNCH Al Clayton Piano</p> <p><i>4:15 “Nature Studies” (Parker Court)</i></p>	<p>22 9:00/10:15 Exercise with Connie</p> <p>11:30 Romeo’s and Juliet’s Luncheon The Olive Garden in Bangor (Please Sign Up!)</p> <p>1:00 Bingo</p> <p>4:00 “History of China” (Parker Court)</p>	<p>23 BHMH Lab –(PC)</p> <p><i>9:00 Bone Builders Class (Exercise Room)</i></p> <p>9:30 Blue Hill Van 11:30 PR Workout in ER</p> <p>2:00 Support Group for Care Givers (Lib.)</p> <p>3:30 Art Project with Paula Dougherty “Decorating Wooden Boxes” (PC)</p>	<p>24 9:00/10:15 Exercise with Connie</p> <p><i>9:15-12:15 Portrait Ptrs</i></p> <p>1:00 Bingo</p> <p>4:00 Reading Circle Gayle Durnbaugh (Living Room)</p>	<p>25 <i>9:00</i></p> <p><i>Bone Builders Class (Exercise Room)</i></p> <p>9:00 Ellsworth Van 11:30 PR Workout in ER</p> <p>10:30 Tea and Coffee in the Living Room Celebrating March Birthdays</p> <p>3:30 Getting to Know You with Liz Knowlton Round Table Discussion (Private Dining Room)</p>	<p>26 9:00/10:15 Exercise with Connie</p> <p><i>11:00 News Currents (AR)</i></p> <p>1:00 Bingo</p> <p><i>12:30—1:30 (Den) Nichols Eye Care</i></p> <p>Dr. Scovin Podiatry Services Please call #667-3033 for an appointment.</p>	<p>27</p> <p>3:30 Saturday Movie “Dreamer” (Parker Court)</p>
<p>28</p> <p>12:00 NOON BRUNCH Al Clayton Piano</p> <p><i>4:15 “Nature Studies” (Parker Court)</i></p>	<p>29 9:00/10:15 Exercise with Connie</p> <p><i>10:00 — 12:00 Manicures or Hand Massages with Alma Please Sign Up at the reception desk! (Parker Court)</i></p> <p>1:00 Bingo</p> <p>4:00 “History of China” (Parker Court)</p>	<p>30 BHMH Lab –(PC)</p> <p><i>9:00 Bone Builders Class (Exercise Room)</i></p> <p>9:30 Blue Hill Van 11:30 PR Workout in ER</p> <p>3:00 Trivia Time (Parker Court)</p>	<p>31 9:00/10:15 Exercise with Connie</p> <p><i>9:15-12:15 Portrait Ptrs</i></p> <p>1:00 Bingo</p> <p><i>3:00 Episcopal Worship Service (Library)</i></p> <p>4:00 Reading Circle Gayle Durnbaugh (Living Room)</p>			<p>Please note: Activities are subject to change... Thank you for your consideration</p>