

# February of 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>"You're Never Too Old to Learn!"</b></p>	<p><b>1</b> 9:00/10:15 Exercise with Connie</p> <p>10:00 — 12:00 <b>Manicures or Hand Massages with Alma</b> Please Sign Up at the reception desk! (Parker Court)</p> <p>1:00 Bingo</p> <p>4:15 <b>"Art History" (PC)</b> (Parker Court)</p>	<p><b>2</b> BHMH Lab –(PC)</p> <p>9:00 Bone Builders Class (ER)</p> <p>9:30 Blue Hill Van</p> <p>11:30 PR Workout in ER</p> <p>1:00—2:30 Visits with "Barney" the Therapy Dog (Sunroom)</p>	<p><b>3</b> 9:00/10:15 Exercise with Connie</p> <p>9:15-12:15 Portrait Ptrs</p> <p>1:00 Bingo</p> <p>3:00 Baptist Worship Service (Library)</p> <p>4:00 History of China (Parker Court)</p> <p>4:00 Reading Circle (Living Room)</p>	<p><b>4</b> 9:00 Bone Builders Class (Exercise Room)</p> <p>9:00 Ellsworth Van</p> <p>9:30 Parker Ridge Com. Meeting (PDR)</p> <p>10:30 ~ Tea and Coffee ~ Reception for Displays of Resident Artwork Peggy Smith and Marge Smith (Living Room)</p> <p>11:30 PR Workout in ER</p> <p>3:30 Poetry Writing in the Library with Betsy Bott</p>	<p><b>5</b> 9:00/10:15 Exercise with Connie</p> <p>1:00 Bingo</p> <p>5:00 Social Hour (Library)</p>	<p><b>6</b> 3:30 Saturday <b>"Julie and Julia"</b> Starring Meryl Streep (Parker Court)</p>
<p><b>7</b></p> <p>12:00 NOON BRUNCH Al Clayton Piano</p> <p>4:15 "Nature Studies" (Parker Court)</p>	<p><b>8</b> 9:00/10:15 Exercise with Connie</p> <p>10:00 — 12:00 <b>Manicures or Hand Massages with Alma</b> Please Sign Up at the reception desk! (Parker Court)</p> <p>1:00 Bingo</p> <p>2:00 <b>Ice Cream Social</b> (Living Room)</p> <p>4:15 <b>"Art History"</b> (Parker Court)</p>	<p><b>9</b> BHMH Lab –(PC)</p> <p>9:00 Bone Builders Class (ER)</p> <p>9:30 Blue Hill Van</p> <p>11:30 PR Workout in ER</p> <p>1:00—2:30 Visits with "Barney" the Therapy Dog (Sunroom)</p> <p>3:30 <b>Art Project with Paula Dougherty</b> "Valentine Cherub Cards" (Parker Court)</p>	<p><b>10</b> 9:00/10:15 Exercise with Connie</p> <p>9:15-12:15 Portrait Ptrs</p> <p>1:00 Bingo</p> <p>3:00 Congregational Worship Service (Library)</p> <p>4:00 History of China (Parker Court)</p> <p>4:00 Reading Circle (Living Room)</p>	<p><b>11</b> 9:00 Bone Builders Class (Exercise Room)</p> <p>9:00 Ellsworth Van</p> <p>11:30 PR Workout in ER</p> <p>3:30 Poetry Writing in the Library with Betsy Bott Final Session</p>	<p><b>12</b> 9:00/10:15 Exercise with Connie</p> <p>11:00 News Currents (AR)</p> <p>1:00 Bingo</p> <p><b>Carnation Day</b></p> <p>12:30—1:30 (Den) Nichols Eye Care</p> <p>5:00 Social Hour (Library)</p>	<p><b>13</b> 3:30 Saturday <b>"You Can't Take it With You"</b> Starring Jean Arthur (Parker Court)</p>
<p><b>14</b></p> <p><b>Happy Valentines Day</b></p> <p>12:00 NOON BRUNCH</p> <p>4:15 "Nature Studies" (Parker Court)</p>	<p><b>15</b> 9:00/10:15 Exercise with Connie</p> <p>10:00 — 12:00 <b>Manicures or Hand Massages with Alma</b> Please Sign Up at the reception desk! (Parker Court)</p> <p>1:00 Bingo</p> <p>4:15 <b>"Art History"</b> (Parker Court)</p>	<p><b>16</b> BHMH Lab –(PC)</p> <p>9:00 Bone Builders Class</p> <p>9:30 Blue Hill Van</p> <p>11:30 PR Workout in ER</p> <p>1:00—2:30 Visits with "Barney" the Therapy Dog (SUNROOM)</p> <p>3:00 Trivia Time (Parker Court)</p>	<p><b>17</b> 9:00/10:15 Exercise with Connie</p> <p>9:15-12:15 Portrait Ptrs</p> <p>1:00 Bingo</p> <p>1:00—4:00 Acadia Hearing Center Services (Den)</p> <p>2:00 Parkinson's Support Group (Library)</p> <p>1:00—3:00 Foot Clinic with Patsy Murray, R.N.</p> <p>4:00 History of China (Parker Court)</p> <p>4:00—Reading Circle</p>	<p><b>18</b> 9:00 Bone Builders Class (Exercise Room)</p> <p>9:00 Ellsworth Van</p> <p>9:30 Parker Ridge Cottage Meeting(PDR)</p> <p>10:30 Tea and Coffee in the Living Room Celebrating February Birthdays</p> <p>11:30 PR Workout in ER</p>	<p><b>19</b> 9:00/10:15 Exercise with Connie</p> <p>11:00 News Currents (AR)</p> <p>1:00 Bingo</p> <p>3:00 <b>"Saltcoast Sages"</b> Poetry Group Refreshments served! (Living Room)</p> <p>5:00 Social Hour (Library)</p>	<p><b>20</b> 3:30 Movies with Mary Grace <b>"Pollyanna"</b> (Parker Court)</p>
<p><b>21</b></p> <p>12:00 NOON BRUNCH</p> <p>1:15 Gilbert and Sullivan Performance of "The Sorcerer" The Grand In Ellsworth Please sign up!</p> <p>4:15 "Nature Studies" (Parker Court)</p>	<p><b>22</b> 9:00/10:15 Exercise with Connie</p> <p>11:30 <b>Romeo's and Juliet's Luncheon</b> TBA (Please Sign Up!)</p> <p>1:00 Bingo</p> <p>4:15 <b>"Art History"</b> (Parker Court)</p>	<p><b>23</b> BHMH Lab –(PC)</p> <p>9:00 Bone Builders Class (Exercise Room)</p> <p>9:30 Blue Hill Van</p> <p>11:30 PR Workout in ER</p> <p>1:00—2:30 Visits with "Barney" the Therapy Dog</p> <p>2:00 Support Group for Care Givers (Lib.)</p> <p>3:00 <b>Elizabeth Kuebler Ross</b> "Facing Death" Marianne New (Private Dining Room)</p>	<p><b>24</b> 9:00/10:15 Exercise with Connie</p> <p>9:15-12:15 Portrait Ptrs</p> <p>1:00 Bingo</p> <p>3:00 Episcopal Worship Service (Library)</p> <p>4:00 History of China (Parker Court)</p> <p>4:00 Reading Circle Gayle Durnbaugh (Living Room)</p>	<p><b>25</b> 9:00 Bone Builders Class (Exercise Room)</p> <p>9:00 Ellsworth Van NO COFFEE AND TEA TIME TODAY! 11:30 PR Workout in ER</p> <p>12:00 Noon Lunch Buffet</p> <p>3:30 <b>Getting to Know You with Liz Knowlton Round Table Discussion</b> (Library)</p>	<p><b>26</b> 9:00/10:15 Exercise with Connie</p> <p>11:00 News Currents (AR)</p> <p>1:00 Bingo</p> <p>12:30—1:30 (Den) Nichols Eye Care Dr. Scovin Podiatry Services Please call #667-3303 for an appointment.</p> <p>1:00 Bingo</p> <p>3:30 Variety Show</p> <p>5:00 Happy Hour (Living Room)</p>	<p><b>27</b> 3:30 Movies with Mary Grace <b>"Green Acres and Andy Griffith"</b> (Parker Court)</p>
<p><b>28</b></p> <p>12:00 NOON BRUNCH</p> <p>4:15 "Nature Studies" (Parker Court)</p>					<p>Please note: Activities are subject to change... <b>Thank you for your consideration</b></p>	