

# November of 2009

| Sun   | Mon   | Tue   | Wed   | Thu   | Fri  | Sat  |
|---|---|---|---|---|--|--|
| <p><b>1</b> 12:00<br/><b>NOON BRUNCH</b><br/>Al Clayton<br/>Piano<br/>Make sure you turned your clock back 1 HOUR<br/><br/>4:00<br/>"Nature Studies" (Parker Court)</p> | <p><b>2</b> 9:00/10:15<br/>Exercise with Connie<br/>10:00 — 12:00<br/><b>Manicures or Hand Massages with Alma</b><br/>Please Sign Up at the reception desk!<br/>(Parker Court)<br/><b>1:00 Bingo</b><br/>3:15<br/>BHCS Eighth Grade Jazz Combo<br/>(Living Room)<br/><b>4:00</b><br/><b>"Art History"</b><br/>(Parker Court)</p>                                    | <p><b>3</b> BHMH Lab –(PC)<br/>9:00<br/><b>Bone Builders Class (ER)</b><br/>9:30 Blue Hill Van<br/><b>11:30 PR Workout in ER</b><br/>1:00—2:30<br/>Visits with "Barney" the Therapy Dog (Sunroom)<br/><b>3:00</b><br/><b>Alexander McCall Smith Series on DVD</b></p>   | <p><b>4</b> 9:00/10:15<br/>Exercise with Connie<br/>9:15-12:15 Portrait Ptrs.<br/><b>1:00 Bingo</b><br/>3:00<br/>Baptist Worship Service (Library)<br/><b>4:00</b><br/><b>Reading Circle Gayle Durnbaugh (Living Room)</b></p>  | <p><b>5</b> 9:00<br/><b>Bone Builders Class (Exercise Room)</b><br/>9:00 Ellsworth Van<br/>9:30 Parker Ridge Community Meeting (Private Dining Room)<br/>10:30<br/>"Tea and Coffee" (Living Room)<br/><b>11:30 PR Workout in ER</b></p>                                       | <p><b>6</b> 9:00/10:15<br/>Exercise with Connie<br/>11:00<br/>News Currents (AR)<br/><b>1:00 Bingo</b><br/>1:00<br/>Trail Walkers (Please meet at the main entrance!)<br/><b>5:00</b><br/><b>Social Hour (Library)</b></p>   | <p><b>7</b><br/><b>3:30</b><br/><b>Saturday 2009 Movie</b><br/><b>"The Way We Get By"</b><br/><b>Documentary (Parker Court)</b></p>  |
| <p><b>8</b> 12:00<br/><b>NOON BRUNCH</b><br/>4:00<br/>"Nature Studies" (Parker Court)</p>   | <p><b>9</b> 9:00/10:15<br/>Exercise with Connie<br/><b>1:00 Bingo</b><br/>2:00<br/><b>Ice Cream Social (Living Room)</b><br/><b>4:00</b><br/><b>"Art History"</b><br/>(Parker Court)</p>  | <p><b>10</b> BHMH Lab –(PC)<br/>9:00<br/><b>Bone Builders Class (ER)</b><br/>9:30 Blue Hill Van<br/><b>11:30 PR Workout in ER</b><br/>1:00—2:30<br/>Visits with "Barney" the Therapy Dog (Sunroom)<br/><b>3:00</b><br/><b>Alexander McCall Smith Series on DVD</b></p>  | <p><b>11</b> 9:00/10:15<br/>Exercise with Connie<br/>9:15-12:15 Portrait Ptrs<br/><b>1:00 Bingo</b><br/>1:00<br/><b>Advanced Trail Walk with Please sign up if you are interested!</b><br/>3:00<br/>Congregational Worship Service (Library)<br/><b>4:00</b><br/><b>Reading Circle Gayle Durnbaugh</b></p>  | <p><b>12</b> 9:00<br/><b>Bone Builders Class (Exercise Room)</b><br/>9:00 Ellsworth Van<br/>10:30<br/>"Tea and Coffee" (Living Room)<br/><b>11:30 PR Workout in ER</b><br/><b>2:30</b><br/><b>"Jokes with Ralph" (Living Room)</b></p>  | <p><b>13</b> 9:00/10:15<br/>Exercise with Connie<br/>11:00<br/>News Currents (AR)<br/>11:15<br/>Area Wide Bingo in Trenton (Please Sign Up!)<br/>12:30—1:30 (Den)<br/>Nichols Eye Care<br/><b>5:00</b><br/><b>Social Hour (Library)</b></p>                                | <p><b>14</b><br/><b>3:30</b><br/><b>Saturday 1950 Movie</b><br/><b>"Cheaper By the Dozen"</b><br/><b>Starring Jeanne Crain and Myrna Loy (Parker Court)</b></p>            |
| <p><b>15</b> 12:00<br/><b>NOON BRUNCH</b><br/>4:00<br/>Bill Gawley<br/>Guitar and Singing Performance (Living Room)</p>   | <p><b>16</b> 9:00/10:15<br/>Exercise with Connie<br/>10:00 — 12:00<br/><b>Manicures or Hand Massages with Alma</b><br/>Please Sign Up at the reception desk!<br/>(Parker Court)<br/><b>1:00 Bingo</b><br/>3:15<br/>BHCS Seventh Grade Jazz Combo (Living Room)<br/><b>4:00</b><br/><b>"Art History"</b><br/>(Parker Court)</p>                                      | <p><b>17</b> BHMH Lab –(PC)<br/>9:00<br/><b>Bone Builders Class</b><br/>9:30 Blue Hill Van<br/>10:30<br/><b>Parker Ridge Kids "Thanksgiving" (Living Room)</b><br/><b>11:30 PR Workout in ER</b><br/>1:00—2:30<br/>Visits with "Barney" the Therapy Dog<br/><b>3:30—Library</b><br/><b>Health Forum with Patsy Murray, R.N. ~ Open Forum ~</b></p>                  | <p><b>18</b> 9:00/10:15<br/>Exercise with Connie<br/>9:15-12:15 Portrait Ptrs<br/><b>1:00 Bingo</b><br/>1:00—3:00<br/>Foot Clinic with Patsy Murray, R.N. (Please Sign Up!)<br/><b>11:00—4:00</b><br/><b>Acadia Hearing Center Services (Den)</b><br/>2:00<br/><b>Parkinson's Support Group (Exercise Room)</b><br/><b>4:00</b><br/><b>Reading Circle</b></p> | <p><b>19</b> 9:00<br/><b>Bone Builders Class (Exercise Room)</b><br/>9:00 Ellsworth Van<br/>9:30 Parker Ridge Cottage Meeting (PDR)<br/>10:30<br/>Tea and Coffee (Living Room)<br/>11:15<br/>Lincoln Historical Exhibit in Castine with Harry Kaiserian (Please Sign Up!)</p> | <p><b>20</b> 9:00/10:15<br/>Exercise with Connie<br/>11:00<br/>News Currents (AR)<br/><b>1:00 Bingo</b><br/>3:00<br/><b>Alexander McCall Smith Series on DVD Session 3 (Library)</b><br/><b>5:00</b><br/><b>Social Hour (Library)</b></p>                                  | <p><b>21</b><br/><b>3:30</b><br/><b>Saturday 1939 Movie</b><br/><b>"The Women"</b><br/><b>Starring Norma Shearer and Joan Crawford (Parker Court)</b></p>                  |
| <p><b>22</b> 12:00<br/><b>NOON BRUNCH</b><br/>3:30<br/>Slide Show Presentation<br/>"Beautiful Brazil and the Amazing Amazon"<br/>Marshall Smith (Exercise Room)</p>   | <p><b>23</b> 9:00/10:15<br/>Exercise with Connie<br/><b>11:00</b><br/><b>Romeo's and Juliet's Luncheon</b><br/><b>Ming's Restaurant in Bucksport</b><br/>and Shopping at two Gift Stores<br/>(Please sign up if you are interested!)<br/><b>1:00 Bingo</b><br/>4:00<br/><b>"Art History"</b><br/>(Parker Court)</p>   | <p><b>24</b> BHMH Lab –(PC)<br/>9:00<br/><b>Bone Builders Class (Exercise Room)</b><br/>9:30 Blue Hill Van<br/><b>11:30 PR Workout in ER</b><br/>1:00—2:30<br/>Visits with "Barney" the Therapy Dog (Sunroom)<br/>2:00<br/><b>Support Group for Care Givers (Library)</b><br/>3:30<br/><b>Art Project with Paula Dougherty "Thanksgiving Centerpieces" (PC)</b></p> | <p><b>25</b> 9:00/10:15<br/>Exercise with Connie<br/>9:15-12:15 Portrait Ptrs<br/><b>1:00 Bingo</b><br/>3:00<br/>Episcopal Worship Service (Library)<br/><b>3:00</b><br/><b>Alexander McCall Smith Series on DVD Session 4 (Library)</b><br/><b>4:00</b><br/><b>Reading Circle Gayle Durnbaugh</b></p>  | <p><b>26</b><br/><br/><b>12:00</b><br/><b>Noon Buffet</b></p>   | <p><b>27</b> 9:00/10:15<br/>Exercise with Connie<br/>12:30—1:30<br/>Nichols Eye Care in the Den<br/><b>1:00 Bingo</b><br/>4:00<br/><b>Masanabu Ikemiya "Ragtime Piano" (Living Room)</b><br/><b>5:00</b><br/><b>Happy Hour "Welcoming New Residents" (Living Room)</b></p> | <p><b>28</b><br/><b>3:30</b><br/><b>Saturday 1953 Movie</b><br/><b>"How To Marry A Millionaire"</b><br/><b>Starring Marilyn Monroe and Betty Grable (Parker Court)</b></p> |
| <p><b>29</b> 12:00<br/><b>NOON BRUNCH</b><br/>4:00<br/>Student Piano Recital under the direction of Anne Parker (Daughter) (Living Room)</p>  | <p><b>30</b> 9:00/10:15<br/>Exercise with Connie<br/>10:00 — 12:00<br/><b>Manicures or Hand Massages with Alma</b><br/>Please Sign Up at the reception desk!<br/>(Parker Court)<br/><b>1:00 Bingo</b><br/>2:30<br/>Making Christmas Cards with Mollie and Randall and Donna Jackson (Activity Room)<br/><b>4:00</b><br/><b>"Art History"</b><br/>(Parker Court)</p> | <p><b>Attention!</b><br/>Dr. Scovin - Podiatry Services will be taking appointments on Monday November 30th instead of Friday November 27th. Please call #667-3033 to make an appointment.</p>  |   |   |  | <p>Please note: Activities are subject to change... Thank you for your consideration</p>   |