

October of 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please note: Activities are subject to change... Thank you for your consideration</p>				<p>1 8:00 Bone Builders Class (Exercise Room)</p> <p>8:00 Elsworth Van 8:30 Parker Ridge Community Meeting (Private Dining Room) 10:30 "Tea and Coffee" (Living Room) 11:30 PR Workout in ER 3:00 Walking Group (Main Entrance)</p>	<p>2 10:15 Exercise with Connie</p> <p>11:00 News Currents (AR)</p> <p>1:00 Bingo</p> <p>3:00 Trudy Clark Singing Performance (Living Room)</p> <p>5:00 Social Hour (Library)</p>	<p>3 3:30 Saturday Movie "Auntie Mame" Starring Rosalind Russell (Parker Court)</p>
<p>4 12:00 NOON BRUNCH</p> <p>Al Clayton Piano</p> <p>4:00 "Nature Studies" (Parker Court)</p>	<p>5 8:00/10:15 Exercise with Connie 10:30 - 12:00 Manicures with Alma Please Sign Up at the reception desk! (Parker Court) 1:00 Bingo 2:00 Creative Time with Alma (Parker Court) 4:00 "Art History" (Parker Court)</p>	<p>6 BMM Lab - (PC) 8:00 Bone Builders Class (ER)</p> <p>8:30 Blue Hill Van</p> <p>10:30-11:30 Absentee Ballot Voting with Etta Perkins (Private Dining Room)</p> <p>11:30 PR Workout in ER</p> <p>1:00-2:30 Visits with "Barney" the Therapy Dog</p>	<p>7 8:00/10:15 Exercise with Connie</p> <p>8:15-12:15 Portrait Ptn.</p> <p>1:00 Bingo 3:00 Baptist Worship Service (Library)</p> <p>4:00 Reading Circle Gayle Burnhaugh (Living Room)</p>	<p>8 8:00 Bone Builders Class (Exercise Room) 8:00 Elsworth Van 8:30 Annual Parker Ridge Cottage Association Meeting (PRK) 8:30 - 11:30 Fin Shots in Parker Court 10:30 "Tea and Coffee" (Living Room) 11:30 PR Workout in ER 1:00 Trail Walkers (Please sign up if you are interested)</p>	<p>9 8:00/10:15 Exercise with Connie 11:00 News Currents (AR) 12:30-1:30 (Don) Nichols Eye Care 1:00 Bingo 12:30 Picking Apples at Wight's Orchards in Orland (Please Sign Up) 5:00 Social Hour (Library)</p>	<p>10 3:30 Saturday Movie "Woman of the Year" Starring Spencer Tracy and Katherine Hepburn (Parker Court)</p>
<p>11 12:00 NOON BRUNCH</p> <p>4:00 "Nature Studies" (Parker Court)</p>	<p>12 1:00 Bingo</p> <p>Columbus Day</p> <p>4:00 "Art History" (Parker Court)</p>	<p>13 BMM Lab - (PC) 8:00 Bone Builders Class 8:30 Blue Hill Van 11:30 PR Workout in ER</p> <p>1:00-2:30 Visits with "Barney" the Therapy Dog</p> <p>10:00 A Trip to Mt. Battie in Camden and Lunch at the Waterfront Restaurant (Please Sign Up)</p>	<p>14 8:00/10:15 Exercise with Connie 8:15-12:15 Portrait Ptn. 1:00 Bingo 1:00-3:00 Foot Clinic with Patsy Murray, R.N. (Please Sign Up) 3:00 Congregational Worship Service (Library) 4:00 Reading Circle Gayle Burnhaugh (Living Room)</p>	<p>15 8:00 Bone Builders Class (Exercise Room) 8:00 Elsworth Van 8:30 - 11:30 Fin Shots in Parker Court</p> <p>10:30 Tea and Coffee (Living Room)</p> <p>11:00 Jackson Lab Lunch and Tour (Please sign up if you are interested)</p>	<p>16 8:00/10:15 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo</p> <p>3:00 Never Too Old For Games (Parker Court)</p> <p>5:00 Social Hour (Library)</p>	<p>17 3:30 Saturday Surprise Featuring: "Mrs. Miniver" Starring Greer Garson and Walter Pidgeon (Parker Court)</p>
<p>18 12:00 NOON BRUNCH</p> <p>4:00 Jay Petterson "Songs of Rails, Trails, Sails" Guitar and Singing Performance (Living Room)</p>	<p>19 8:00/10:15 Exercise with Connie</p> <p>10:30 - 12:00 Manicures with Alma Please Sign Up at the reception desk! (Parker Court)</p> <p>1:00 Bingo 3:00 Walking Group (Main Entrance)</p> <p>4:00 "Art History" (Parker Court)</p>	<p>20 BMM Lab - (PC) 8:00 Bone Builders Class (Exercise Room) 10:30 Parker Ridge Kids "Autumn" (Living Room) 8:30 Blue Hill Van 11:30 PR Workout in ER 1:00-2:30 Visits with "Barney" the Therapy Dog (Sunroom) 3:30 Health Forum with Patsy Murray, R.N. ~ Open Forum ~ (Library)</p>	<p>21 8:00/10:15 Exercise with Connie 8:15-12:15 Portrait Ptn. 1:00 Bingo 1:00-3:00 Blood Pressure Clinic with Patsy Murray, R.N. (In her office in PC) 1:00-4:00 Acadia Hearing Center Services (Don) 2:00 Parkinson's Support Group (Library) 4:00 Reading Circle Gayle Burnhaugh (Living Room)</p>	<p>22 8:00 Bone Builders Class (Exercise Room) 8:00 Elsworth Van 10:30 "Tea and Coffee" (Living Room) 11:30 PR Workout in ER</p> <p>1:00 Harvest Hay Rides down the Jeep Trail Hot Cider and Pumpkin Cookies in the Living Room 2:00 Pumpkin Carving in the Activity Room (Please Sign Up)</p>	<p>23 8:00/10:15 Exercise with Connie 11:00 News Currents (Activity Room) 12:30-1:30 Nichols Eye Care in the Don 1:00 Bingo</p> <p>2:00 Ice Cream Social (Living Room)</p> <p>5:00 Social Hour (Library)</p>	<p>24 3:30 Saturday Surprise Featuring: "Stage Fright" Starring Jane Wyman and Marlene Dietrich (Alfred Hitchcock Classic) (Parker Court)</p>
<p>25 12:00 NOON BRUNCH</p> <p>4:00 "Nature Studies" (Parker Court)</p>	<p>26 8:00/10:15 Exercise with Connie 11:00 "Juliet's and Romeo's Luncheon" Head of the Harbor Restaurant in SW Harbor and a Scenic drive to Seawall (Please Sign Up) 1:00 Bingo 4:00 "Art History" (Parker Court)</p>	<p>27 BMM Lab - (PC) 8:00 Bone Builders Class 8:30 Blue Hill Van 11:30 PR Workout in ER 1:00-2:30 Visits with "Barney" the Therapy Dog - Sunroom 2:00 Support Group for Care Givers (Library) 3:30 Art Project with Paula Dougherty "Halloween Pumpkin Basket" (PC) (Parker Court)</p>	<p>28 8:00/10:15 Exercise with Connie</p> <p>8:15-12:15 Portrait Painters</p> <p>1:00 Bingo</p> <p>3:00 Episcopal Worship Service (Library)</p> <p>4:00 Reading Circle Gayle Burnhaugh (Living Room)</p>	<p>29 8:00 Bone Builders Class (Exercise Room) 8:00 Elsworth Van 10:30 Celebrating October Birthdays "Tea and Coffee" (Living Room) 11:30 PR Workout in ER 3:30 "Getting to Know You" with Liz Knowlton (Private Dining Room)</p>	<p>30 8:00/10:15 Exercise with Connie 11:00 News Currents (Activity Room) 1:00 Bingo 5:00 Halloween Happy Hour (Living Room) Dr. Seavin Podiatry Services Call for an appointment! #867-3033</p>	<p>31 Halloween</p> <p>4:30-5:45 Visits from Trick or Treaters Please see Alma if you wish to participate!</p>