

September of 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please note: Activities are subject to change... Thank you for your consideration</p>		<p>1 BHMH Lab –(PC) 9:00 Bone Builders Class (ER) 9:30 Blue Hill Van 11:30 PR Workout in ER 1:00—2:30 Visits with “Barney” the Therapy Dog (Sunroom) 3:00 NeverTooOldFor-Games (Parker Court)</p>	<p>2 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs. 1:00 Bingo 3:00 Baptist Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh (Living Room)</p>	<p>3 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 9:30 Parker Ridge Community Meeting (Private Dining Room) 10:30 “Tea and Coffee” 11:30 PR Workout in ER 3:00 Walking Group (Main Entrance)</p>	<p>4 10:00 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo 3:00 Trudy Clark Singing Performance (Living Room) 5:00 Social Hour (Library)</p>	<p>5 3:30 Saturday Movie “Don’t Raise the Bridge, Lower the River” (Parker Court)</p>
<p>6 12:00 NOON BRUNCH Al Clayton Piano 4:00 “The Wildlife of China” (Parker Court)</p>	<p>7 10:00 Exercise with Connie Labor Day 10:00 — 12:00 Manicures with Alma Please Sign Up at the reception desk! (Parker Court) 1:00 Bingo 4:00 “How Art Made History” (Parker Court)</p>	<p>8 BHMH Lab –(PC) 9:00 Bone Builders Class (ER) 9:30 Blue Hill Van 11:30 PR Workout in ER 1:00—2:30 Visits with “Barney” the Therapy Dog (Sunroom) 3:30 Health Forum with Patsy Murray, R.N. (Library)</p>	<p>9 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs. 11:00 Juliet’s and Romeo’s Luncheon “Fisherman’s Friend” The Granite Museum in Stonington (Please Sign Up!) 1:00 Bingo 3:00 Congregational Worship Service (Library) 4:00 Reading Circle Gayle Durnbaugh</p>	<p>10 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 10:30 “Tea and Coffee” 11:30 PR Workout in ER 3:30 St. Francis Choir Sing A Long (Living Room)</p>	<p>11 10:00 Exercise with Connie 11:00 News Currents (AR) 12:30—1:30 (Den) Nichols Eye Care 1:00 Bingo 3:00 Walking Group (Main Entrance) 5:00 Social Hour (Library)</p>	<p>12 3:30 Stan Hayman Guitar and Singing Performance (Living Room)</p>
<p>13 12:00 NOON BRUNCH 4:00 “The Wildlife of China” (Parker Court)</p>	<p>14 10:00 Exercise with Connie 11:00 Jordan Pond House for Popovers and a drive around the West side Park Loop Road (Please Sign Up!) 1:00 Bingo 4:00 “How Art Made History” (Parker Court)</p>	<p>15 BHMH Lab –(PC) 9:00 Bone Builders Class 9:30 Blue Hill Van 11:30 PR Workout in ER 1:00—2:30 Visits with “Barney” the Therapy Dog 2:00 Ice Cream Social (Living Room) 3:30 Healthy Choices Edee Howland (Library)</p>	<p>16 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 1:00—3:00 Foot Clinic with Patsy Murray, R.N. (Please Sign Up!) 1:00—4:00 Acadia Hearing Center Services (Den) 2:00 Parkinson’s Support Group (PDR) 2:30 Opening Conversations St. Francis—Self Study (Library)</p>	<p>17 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 9:30 Parker Ridge Cottage Association Meeting (Private Dining Room) 10:30 Tea and Coffee (Living Room) 12:00—2:00 “Aging in the 21st Century” (Private Din. Room)</p>	<p>18 10:00 Exercise with Connie 11:00 News Currents (AR) 1:00 Bingo 2:30 “Your Life Story on Record” Alma Mote (Exercise Room) 5:00 Social Hour (Library)</p>	<p>19 3:30 Saturday Surprise Featuring: “Around the World in 80 Days” (Parker Court)</p>
<p>20 12:00 NOON BRUNCH 4:00 “The Wildlife of China” (Parker Court)</p>	<p>21 10:00 Exercise with Connie 10:00 — 12:00 Manicures with Alma Please Sign Up at the reception desk! (Parker Court) 1:00 Bingo 3:00 Walking Group (Main Entrance) 4:00 “How Art Made History” (Parker Court)</p>	<p>22 BHMH Lab –(PC) 9:00 Bone Builders Class (Exercise Room) 9:30 Blue Hill Van 11:30 PR Workout in ER 1:00—2:30 Visits with “Barney” the Therapy Dog (Sunroom) 3:30 Art Project with Paula Dougherty “Painting Fall Landscapes” (Parker Court)</p>	<p>23 10:00 Exercise with Connie 9:15-12:15 Portrait Ptrs 1:00 Bingo 3:00 Episcopal Worship Service (Library) 4:00 Reading Circle Reader Gayle Durnbaugh (Living Room)</p>	<p>24 9:00 Bone Builders Class (Exercise Room) 9:00 Ellsworth Van 10:30 Celebrating September Birthdays “Tea and Coffee” (Living Room) 3:00 Volunteer Reception (Living Room)</p>	<p>25 10:00 Exercise with Connie 11:00 News Currents (Activity Room) 12:30—1:30 Nichols Eye Care in the Den 1:00 Bingo Dr. Scovin Podiatry Services Call for an appointment! #667-3033 5:00 Happy Hour Rudy Deetjen (Living Room)</p>	<p>26 3:30 Saturday Surprise Featuring: “Daring Young Men in Their Jaunty Jalopies” (Parker Court)</p>
<p>27 12:00 NOON BRUNCH 4:00 “The Wildlife of China” (Parker Court)</p>	<p>28 10:00 Exercise with Connie 1:00 Bingo Slide Show Presentation TBA Watch weekly calendar for details 4:00 “How Art Made History” (Parker Court)</p>	<p>29 BHMH Lab –(PC) 9:00 Bone Builders Class 9:30 Blue Hill Van 11:30 PR Workout in ER 1:00—2:30 Visits with “Barney” the Therapy Dog—Sunroom 2:00 Support Group for Care Givers (Library)</p>	<p>30 10:00 Exercise with Connie 9:15-12:15 Portrait Painters 1:00 Bingo 3:00 Walking Group (Main Entrance) 4:00 Reading Circle Gayle Durnbaugh (Living Room)</p>			