

Parker Ridge Activities Calendar – July 2009

Wednesday, 1st

- 1:30 PM - Blood Pressure Clinic with Patsy Murray, R.N.
- 3:00 PM - Baptist Worship Service
- 4:00 PM - Reading Circle with Gayle Durnbaugh

Thursday, 2nd

- 09:00 AM - Bone Builders Class
- 10:30 AM - Better Balance Class
- 10:30 AM - Thursday Tea
- 3:00 PM - Walking Group

Friday, 3rd

- 11:00 AM - News Currents
- 2:00 PM - "Zero Balancing Massage" with Benjamin Fox
- 5:00 PM - Social Hour in the Library

Saturday, 4th "Happy Fourth of July"

- 12:00 Noon - Cook Out Buffet
- 2:00 PM - Saturday Movie "Independence Day"

Sunday, 5th

- 12:00 Noon - Sunday Brunch with Al Clayton at the Piano
- 4:00 PM - DVD Presentation "Nature Series"

Monday, 6th

- 2:30 PM - Farnum Brothers "The Virginian" with Ralph Pettie
- 4:00 PM - DVD Presentation "American Art"

Tuesday, 7th

- 09:00 AM - Bone Builders Class
- 11:45 AM - A Picnic with "The Parker Ridge Kids"
- 11:30 AM - Parker Ridge Workout in the Exercise Room
- 1:00 PM - Visits with "Barney" the Therapy Dog
- 4:30 PM - Kneisel Hall Students Concert

Wednesday, 8th

- 3:00 PM - Congregational Worship Service
- 3:00 PM - Walking Group
- 4:00 PM - Reading Circle with Gayle Durnbaugh

Thursday, 9th

- 09:00 AM - Bone Builders Class
- 10:30 AM - Better Balance Class
- 10:30 AM - Thursday Tea
- 12:30 PM - A Trip to Court House Gallery in Ellsworth "Island Artists"

Friday, 10th

- 11:00 AM - News Currents
- 11:00 AM - Cottage Cruisers at Anne Cushman's Cottage in Deer Isle
- 5:00 PM - Social Hour

Saturday, 11th

2:30 PM - Saturday Surprise featuring "The Thing About My Folks"

Sunday, 12th

12:00 Noon - Sunday Brunch

4:00 PM - DVD Presentation "Nature Series"

Monday, 13th

2:30 PM - Hymn Sing A Long

4:00 PM - DVD Presentation "American Art"

Tuesday, 14th

09:00 AM - Bone Builders Class

1:00 PM - Visits with "Barney" the Therapy Dog

3:30 PM - Healthy Choices with Edee Howland "Nutrition Adds Delight to Life at Any Age"

Wednesday, 15th

1:00 PM - Acadia Hearing Center Services

4:00 PM - Reading Circle with Gayle Durnbaugh

Thursday, 16th

09:00 AM - Bone Builders Class

10:30 AM - Better Balance Class

10:30 AM - Thursday Tea

3:30 PM - Art Project with Paula Dougherty "Painting Wooden Memo Holders"

Friday, 17th

11:00 AM - News Currents

2:00 PM - Ice Cream Social meeting New Volunteers

5:00 PM - Social Hour in the Library

Saturday, 18th

1:00 PM - Sing A Long "Folk Music from the 60's" with Jenni Casale

2:30 PM - Saturday Surprise featuring "Frost Nixon"

Sunday, 19th

12:00 Noon - Sunday Brunch

4:00 PM - DVD Presentation "Nature Series"

Monday, 20th

2:00 PM - Disney Movie "Lassie" with the Girl Scouts and Your Grandchildren or Your Great Grandchildren

4:00 PM - DVD Presentation "American Art"

Tuesday, 21st

09:00 AM - Bone Builders Class

11:30 AM - Parker Ridge Workout in the Exercise Room

1:00 PM - Visits with "Barney" the Therapy Dog

4:30 PM - Kneisel Hall Students Concert

Wednesday, 22nd

2:00 PM - "Exploring Your History" Meeting 2 with Pat Orchard
4:00 PM - Reading Circle with Gayle Durnbaugh

Thursday, 23rd

09:00 AM - Bone Builders Class
10:30 AM - Better Balance Class
10:30 AM - Thursday Tea
11:00 AM - Juliet's and Romeo's Luncheon "The Fisherman's Friend" and Shopping afterwards

Friday, 24th

11:00 AM - News Currents
12:30 PM - Nichols Eye Care
3:30 PM - Steel Drum Band in our Gazebo on the Front Lawn
5:00 PM - Happy Hour

Saturday, 25th

2:30 PM - Saturday Surprise featuring "Jane Goodall's When Animals Talk"

Sunday, 26th

12:00 Noon - Sunday Brunch
2:30 PM - Stan Hayman presenting 1930's and 1940's Musical Favorites
4:00 PM - DVD Presentation "Nature Series"

Monday, 27th

2:30 PM - Afternoon Ride
4:00 PM - DVD Presentation "American Art"

Tuesday, 28th

09:00 AM - Bone Builders Class
11:30 AM - Parker Ridge Workout in the Exercise Room
1:00 PM - Visits with "Barney" the Therapy Dog
2:00 PM - Support Group for Care Givers
4:30 PM - Kneisel Hall Students Concert

Wednesday, 29th

3:00 PM - Episcopal Worship Service
4:00 PM - Reading Circle with Gayle Durnbaugh

Thursday, 30th

09:00 AM - Bone Builders Class
10:30 AM - Better Balance Class
10:30 AM - Thursday Tea Celebrating July Birthdays
3:00 PM - Walking Group

Friday, 31st

11:00 AM - News Currents
2:30 PM - Trivia Time
5:00 PM - Social Hour in the Library